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## **Policies**

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### **Registration & Program Information**

Programs have enrollment limits, and sign-ups are accepted on a strict first-come basis. Registrations are non-transferable. Registration forms must be signed by a parent. A registration will not be accepted without a properly completed form. All registrations are subject to review for eligibility. Registration will take place until the program is filled or two weeks before the program starts. Most programs are for residents only. **Seniors-60 and older, Adults-18 and older**

### **Proxy Registrations**

A person may submit another's registration form, provided the form is properly completed and signed and accompanied by the correct fee. (Wait until availability is confirmed before filling in their check). The Proxy limit is one per submitted (in addition to your own).

### **Refund Policy**

Refunds are not allowed unless we receive written notification prior to the class starting and we are able to fill your space with someone from the waiting list. Refunds that are granted will be charged a \$5.00 administrative fee. Otherwise refunds will not be allowed unless the program is canceled by the department.

### **Cancellation Policy**

Programs may be canceled due to inclement weather, holidays and when school is closed. We also reserve the right to cancel any registration due to misprints or human error.

### **Cancellation Hotline**

Contact 841-8336 for any cancellations due to inclement weather. (approximately 1 hour before the class starts)

### **Age & Grade Requirements for Programs**

All programs are to follow the set grade or age limit that is specified in the brochure. The age limit required corresponds to the date of the first class. The grade limit required corresponds to the child's grade level in the fall.

### **Switching of Classes**

Participants will not be allowed to switch or to change to different nights for any program.

### **Photo Policy....Smile**

The recreation department and/or press will take pictures & video on occasion of participants for publicity purposes and for local cable. If you do not want to have you or your child photographed, please let us know on the registration form.

### **Advertisements**

Programs and special events will be shown on Channel 35 and in the local newspapers.

### **Office Hours**

Monday through Friday 8AM-Noon & 1PM-4:30PM

### **Valuables**

The parks & recreation department is not responsible for any lost or stolen items. Valuables, in particular should not be brought to any program.

### **Code of Conduct**

We ask all participants to respect the staff, other participants, age requirements, and the equipment. Please refrain from causing bodily harm to others and from using foul language. Additional rules will be announced at each program. If a participant fails to cooperate with the rules, the department reserves the right to dismiss or suspend a participant with no money refunded. Each situation will be evaluated by the director.

### **Shrewsbury Special Needs Program**

Offers Special Olympics training and social activities for students ages 8 and older. For an upcoming schedule e-mail: [shrewspecneeds@charter.net](mailto:shrewspecneeds@charter.net) or visit the Parks & Recreation office for the brochure.

### **Special Olympics Track & Field**

Open to ages 8 and older. Practices held on Sundays. Pick up registration forms in March.

### **Tennis Permit**

Permits reserving 90-minute play periods at Dean Park or Jordon Pond are available to Shrewsbury residents from the department office beginning on April 1<sup>st</sup>. A player may obtain 2 permits per daily visit to the office, and may hold no more than one permit for play in a given day. Permits may be obtained for up to seven days in advance. Night play during the week is until 9:30PM and 10PM on weekends at Dean Park only, from early May to late September. A season fee of \$20.00 is charged for personal tennis permit privileges. Residents may use tennis courts without permits on a space-available basis, no charge. Players must yield to a permit holder. Tennis applications are available in our office.

### **Contacts for Local Sport Programs 2004**

<b><u>Babe Ruth Baseball</u></b>	Bob Cusson	842-4161
<b><u>Little League Baseball</u></b>	Mike Kelly	842-7335
<b><u>LL Girl's Softball</u></b>	Don Pegg	845-2173
<b><u>Pop Warner Football</u></b>	Tony Perry	842-5420
<b><u>Youth Hockey</u></b>	Chris Rutigliano	842-3209
<b><u>Youth Soccer</u></b>	David Hillman	842-7198
<b><u>Girl Scouts</u></b>	Lu-Ann Rimkus	757-4021
<b><u>ORA (rowing)</u></b>	Wally Whitney	978-464-2369
<b><u>Ice Skating</u></b>	Facility Management	781-871-7681
<b><u>SCDC</u></b>		841-8300 x1477

### **Seasonal Recreational Employment**

Job postings for summer positions will be available on March 15 at the parks & recreation department. All applicants need to be at least 16 years of age by May 1<sup>st</sup>. Applications will be reviewed in April/May. On the web at:

[www.shrewsbury-ma.gov/parksrec/index.asp](http://www.shrewsbury-ma.gov/parksrec/index.asp)

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## Senior Programs

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**Seniors can register starting March 3<sup>rd</sup>**

### Senior TAI CHI & CHI GONG

Improve your balance and memory combining simple movements with deep breathing.

**Beginners # 144070-B** **Time:** 3:15-4PM

**Fee:** \$13.00 (8 classes) **Dates:** 3/23-5/11

**Day:** Tuesday **Location:** Senior Center

**Ages:** Seniors **Instructor:** Laurie Demers

**Advanced # 144070-A** **Time:** 4-4:45PM

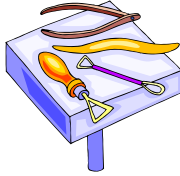
**Fee:** \$13.00 (8 classes) **Dates:** 3/23-5/11

**Day:** Tuesday **Location:** Senior Center

**Ages:** Seniors **Instructor:** Laurie Demers

### Senior Clay Creations (All levels))

Learn the basic hand building techniques such as the pinch pot, coil, and slab methods. Create functional and/or decorative pieces of pottery from start to finish. All pieces will be able to be used in the dishwasher and microwave.



**# 144120-A** **Time:** 9-11:15AM

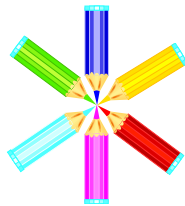
**Fee:** \$37 **Dates:** 3/26-5/28 (no 4/9 & 4/23)

**Day:** Friday **Ages:** Seniors

**Location:** Senior Center **Instructor:** Beth Flanagan

### Senior Drawing

All levels are welcome to learn or further practice the fundamentals of drawing. Topics to be discussed include line value, contour, and color. Using these tools we will design a self portrait, landscape and a still life.



**# 144120-B** **Time:** 9-11AM

**Fee:** \$20.00 **Dates:** 3/31-5/26 (no 4/21)

**Location:** Senior Center Art Room

**Days:** Wednesday **Instructor:** Beth Flanagan

### Senior Line Dance

Line dance to music from the 40's, 50's and 60's. A variety of dance moves like the grapevine, hustle, hitch and Charleston will be used. (8 classes)

**# 144140-A** **Time:** 10-11AM

**Dates:** 3/23-5/11 **Fee:** \$13.00

**Day:** Tuesday **Loc:** Senior Center

**Ages:** Seniors **Instructor:** Joe Czarnecki

### Senior Recreational Bowling

Come and join the Senior Bowling League at the Town & Country Bowling Alley. This recreational league provides exercise and an enjoyable atmosphere. Weekly fee is \$7.25, which includes 3 games, donuts and coffee



**Time:** 1PM

**Dates:** Ongoing **Fee:** \$7.25 (weekly)

**Day:** Tuesday **Ages:** Seniors

**Loc:** Town & Country Bowl (corner of RT 9 & Oak St)

### Senior Fitness & Nutrition

Exercise, and learn about improving your overall health by building strength, flexibility and eating healthy.

**# 144050-A**

**Time:** 9:30-10:30AM

**Fee:** \$20.00 **Day:** Wednesday

**Ages:** Seniors **Dates:** 3/24-5/12

**Location:** Senior Center

**Instructor:** Karen McKenzie



### Senior Acrylic Painting with Jenn

Learn a variety of painting techniques while focusing on color and design through traditional and experimental approaches. Complete a series of painting while working with chosen imagery, still-life and the landscape. All painting materials will be supplied.



**# 144120-C**

**Time:** 9-10:30

**Fee:** \$30.00

**Day:** Thursday

**Ages:** Seniors

**Dates:** 3/25-5/20 (no 4/22)

**Location:** Senior Center Art Room

**Instructor:** Jenn Swan

### Senior Watercolor

Continue to explore watercolor as a medium for self-expression while learning new techniques and approaches. Students may work on independent projects or choose to work from still-life arrangements. All painting materials will be supplied.



**# 144120-D**

**Time:** 10:45AM-12:15PM

**Fee:** \$25.00

**Dates:** 3/25-5/20 (no 4/22)

**Day:** Thursday

**Ages:** Seniors

**Location:** Senior Center Art Room

**Instructor:** Jenn Swan

## Special Events & Trips

### Flower Show

One of Boston's best-loved and most enduring tradition, the New England Spring Flower Show offers a garden wonderland-all the color and warmth of springtime, perfectly timed for the waning days of winter. Price includes ticket and bus. Limited tickets! The bus will leave Town Hall on Saturday March 13<sup>th</sup> at 9AM and return at 4PM. **Fee: \$30.00 Activity # 143190-B**



### Lion King

Experience the phenomenon of Disney's THE LION KING at the Opera House in Boston. Marvel at the breathtaking spectacle of animals brought to life by award-winning director Julie Taymor, whose visual images for this show you'll remember forever. Thrill to the pulsating rhythms of the African Pridelands and an unforgettable score including Elton John and Tim Rice's Oscar-winning song "Can You Feel The Love Tonight" and "Circle of Life." Disney's THE LION KING is a great show for kids ages 5 and up. We have great seats for the 2PM matinee show that are located on the second level, dress circle section (front center). Tickets are limited and are sure to sell out! Price includes ticket and bus. The bus will leave Town Hall on Saturday October 16<sup>th</sup> at 11AM and return at 8PM. **Fee: \$105.00 Activity # 123190-C**

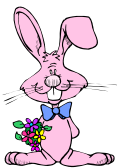
### Boston on your own

A great day to enjoy the spring weather while exploring Boston and of course shopping at Filene's Basement. Drop off and pick-up is in the vicinity of Quincy Market. The bus will leave Town Hall on Saturday May 1<sup>st</sup> at 9AM and return at 5:30PM. **Fee: \$12.00 Act: 143190-A**



### Flashlight EGGtravaganza

Come out and join us for this fun and exciting event for children ages 4-10. Children will have the opportunity to search the bunny patch using a flash light for a special egg. MC Bunny will make a



special appearance for pictures and to hand out candy. Parents must accompany their children. Please bring a flash light.

**# 146230-A**

**Time: 7PM**

**Ages: 4-10**

**Dates: 4/2/04**

**Fee: \$3.00**

**Day: Friday**

**Loc: Dean Park Picnic Grove**

**Children must register, a limit number of spots are available.**

### Kid's Equipment Day

Come see the town's big trucks up close on Saturday May 22<sup>nd</sup> from 9AM-1PM at the Municipal Garage located on South Street. Event is rain or shine!



## Adults Programs

### Men's Softball League

Join us for this recreational slow-pitch league for adults (18+). Teams will play 1 or 2 nights a week throughout the mid summer. Teams can register starting March 6<sup>th</sup> with a \$100.00 team deposit, overall team fee \$475.00. Team Rosters are due by April 2<sup>nd</sup> and team registration will not be officially accepted until your roster has been approved by the Parks & Recreation Department. A captain's meeting will be on Wednesday April 14<sup>th</sup>, 6:30PM at Town Hall. There is a limit of 8 teams and 80% of each team must be Shrewsbury residents. Team sponsors and uniforms are O.K. but not required. Any player that is not listed on the team roster will not be allowed to play. Multiple team registrations will not be accepted (no proxy's). Games will begin in May (exact date TBA). **Act#: 143130-A**



### Co-Ed Softball League

Come out and play in this recreational slow-pitch league for adults (18+). Games will be held on Friday nights from 6:30-9:30PM for 8 weeks. Teams can register starting March 6<sup>th</sup> with a \$100.00 team deposit, overall team fee \$200.00. Players signing up for the pickup team will be charged \$15.00 per person. Team Rosters are due by April 2<sup>nd</sup> and team registration will not be officially accepted until your roster has been approved by the Parks & Recreation Department. A captain's meeting will be held on Wednesday April 14<sup>th</sup>, 7:30PM at the Town Hall. There is a limit of 6 teams, with one team set aside for players without a team. All teams need to have at least 80% Shrewsbury residents. Team sponsors and uniforms are O.K. but not required. Any player that is not listed on the team roster will not be allowed to play. Multiple team registrations will not be accepted (no proxy's). Games will begin in May (exact date TBA). **Act#: 143130-B**



### Stretch 'N' Flex

Tone muscles, strengthen and stretch your body. This class may include some Pilates and yoga based moves. There will be emphasis on proper alignment and form. Bring ankle weights and dumbbells for maximum results. (16 classes) Please bring a mat to class.

**# 143090-A**

**Classes are now Monday & Wednesday**

**Time: 7:10-7:40PM**

**Fee: \$30.00**

**Dates: 3/29-5/26 (no 5/3 & 5/5)**

**Days: Mon & Wed**

**Loc: Senior Center**

**Ages: Adults & 15+**

**Instructor: D Zeutas-Broer**



## Spring registration Saturday March 6<sup>th</sup>, 8-10AM

### Beginner Yoga

This class is an introduction to hatha yoga (the yoga of postures and movement) for strength, flexibility and deep relaxation. Modifications will be presented to conform to western exercise prescription. You don't need a flexible body to practice yoga - you need a flexible mind. Please bring a mat to class.



**# 143080-A**

**Dates:** 3/30-5/25 (no 5/4) (8 classes)

**Time:** 5:45-6:30PM **Fee:** \$40.00

**Days:** Tuesdays **Ages:** Adults & 15+

**Loc:** Senior Center **Instructor:** D Zeutas-Broer

### Intermediate Yoga

An eclectic class drawing from several styles of yoga including willful holding of postures (Kripalu, Iyengar) and flowing movement (vinyasa - commonly known as power yoga). Techniques will be offered for breathing practices and mindfulness.



Please bring a mat to class. **Participants can only register for one night of Yoga. However, participants can register for a second night starting Wednesday March 17<sup>th</sup> if there is still availability.**

#### Tuesdays

**# 143080-B** **Loc:** Senior Center

**Time:** 6:35-7:35PM **Fee:** \$40.00

**Dates:** 3/30-5/25 (no 5/4) (8 classes)

**Ages:** Adults & 15+ **Instructor:** D Zeutas-Broer

#### Wednesday

**# 143080-C** **Loc:** Senior Center

**Time:** 6-7PM **Fee:** \$40.00

**Dates:** 3/31-5/26 (no 5/5) (8 classes)

**Ages:** Adults & 15+ **Instructor:** D Zeutas-Broer

### Pilates



This class combines the core (back, abdominals and chest) for strengthening and stabilization. It is a full body

stretching and strengthening experience for all levels of ability. Please bring a mat.

#### Beginners

**# 143080-D** **Time:** 6:15-7PM

**Day:** Monday **Fee:** \$36.00

**Ages:** Adults & 15+ **Location:** Senior Center

**Dates:** 3/29-5/24 (no 5/3) (8 classes)

#### Ongoing (some previous experience)

**# 143080-E** **Time:** 9:30-10:15AM

**Day:** Saturday **Fee:** \$36.00

**Ages:** Adults & 15+ **Location:** Beal School

**Dates:** 3/20-5/22 (no 4/24 & 4/30) (8 classes)

### Cardio-kickboxing (Beginner & Intermediate)

This aerobic workout offers the balance, strength training and self defense techniques of martial arts. The class is designed to have each individual work out at their own level.



**# 143060-A** **Time:** 10:25-11:10AM

**Day:** Saturday **Fee:** \$36.00

**Ages:** Adults & 15+ **Location:** Beal School

**Dates:** 3/20-5/22 (no 4/24 & 4/30) (8 classes)

### Adult Tennis Lessons

Classes are held for beginner and intermediate adults. A beginner is one who is brand new to the sport, or who is relatively new and not yet playing in an actual game situation. Intermediates



are those who can play a proper game with service, volleys and scoring. Students will provide their own racquets for class. Balls are provided.

**Ages:** Adults **Loc:** Dean Park **Instructor:** Dan Kelly

**Dates:** Beginning week of 4/27-5/26 (5 weeks)

**Beginner # 143010-A** **Time:** 6:30-7:30PM

**Day:** Wednesdays **Fee:** \$30.00

**Intermediate # 143010-B** **Time:** 7:30-8:30PM

**Day:** Tuesday **Fee:** \$30.00

**Intermediate # 143010-C** **Time:** 7:30-8:30PM

**Day:** Wednesday **Fee:** \$30.00

### Adult Golf Lessons

#### Beginners

**#143220-A**

**Fee:** \$94.00

**Day:** Monday

**Loc:** Indian Meadow CC

#### Intermediate

**#143220-B**

**Day:** Monday

**Fee:** \$104.00

**Loc:** Indian Meadow Country Club

**Time:** 6-7PM

**Dates:** 5/10-6/14

**Time:** 7-8PM



Clubs are available and there will be one rain date if necessary. Please contact Dick Naas with any questions at 508-836-2668.

### Tai Chi & Chi Gong

Practice the ancient arts for health and longevity. Make the mind and body connection combining simple movements with deep breathing. **Instructor:** Laurie Demers

#### Beginners

**# 143070-A** **Time:** 6-7PM **Fee:** \$25.00

**Dates:** 3/31-5/26 (no 4/21) (8 Classes) **Ages:** Adults

**Loc:** Beal School **Day:** Wednesday

**Intermediate # 143070-B** **Time:** 7-8PM

**Dates:** 3/31-5/26 (no 4/21) (8 Classes) **Ages:** Adults

**Fee:** \$25.00 **Loc:** Beal School **Day:** Wednesday

## Youth & Teen Programs

**Sign-up now!!! A separate registration needs to be filled out and sent directly to Bay State Blades.**

### Learn to Skate

This program is an excellent introduction to ice skating for children ages 6-12 who want to learn the basic skills necessary to enjoy recreational ice skating or enter youth hockey or figure skating program in the future. Each class consists of a 25 minute lesson and an optional 25 minute unsupervised practice.

**Session II**      **Location:** Buffone Arena (Worcester)  
**Dates:** 2/29-5/2 (Sunday 2PM) **Fee:** \$89.00 **Ages:** 6-12



### ARC Babysitter's Training Course

Our American Red Cross Babysitter's Training Course will provide 6-8<sup>th</sup> grade students with training in leadership, safety and safe play, basic care, first aid and professionalism. The course information gives students the basic skills necessary to provide safe and responsible care for children in the absence of parents or guardians. The course is being offered through a partnership with the Shrewsbury Child Development Committee and Shrewsbury Parks and Recreation Department.

**# 142250-A**      **Time:** 6:15-8:30PM      **Grade:** 6-8<sup>th</sup>  
**Day:** Monday      **Loc:** Middle School Classroom 137

**Dates:** 4/26-5/17 (4 classes)      **Fee:** \$40.00

**# 142250-B**      **Time:** 6:15-8:30PM      **Grade:** 6-8<sup>th</sup>  
**Day:** Tuesday      **Loc:** Middle School Classroom 137

**Dates:** 4/27-5/18 (4 classes)      **Fee:** \$40.00



### TAE KWON DO (Beginners)

TAE KWON DO is a great form of exercise, develops self-confidence, teaches self-defense training and self discipline. A uniform is included with the program for new participants. Program is designed for beginners who have not taken TAE KWON DO before. Students will have the option of joining the US

**TAE KWON DO Center Academy (Rte 9, next to Town Fair Tire)** after completion of this program. (10 classes)

**# 142290-A**      **Time:** 5:50-6:35PM  
**Fee:** \$50.00      **Dates:** 3/23-4/29 (no 4/20 & 4/22)

**Day:** Tuesday & Thursday      **Ages:** 5 and up

**# 142290-B**      **Time:** 9-9:45AM

**Fee:** \$50.00      **Dates:** 4/10-6/26 (no 4/24 & 5/29)

**Day:** Saturday      **Ages:** 5 and up

**# 142290-C**      **Time:** 10-10:45AM

**Fee:** \$50.00      **Dates:** 4/10-6/26 (no 4/24 & 5/29)

**Day:** Saturday      **Ages:** 5 and up



### Beginner Teen Tennis Lessons

A beginner is one who is brand new to the sport, or who is relatively new and not yet playing in an actual game situation. Students will provide their own racquets for class. Balls are provided. **Instructor:** Dan Kelly  
**# 142010-A**      **Grades:** 8-12<sup>th</sup>  
**Loc:** Dean Park      **Fee:** \$30.00  
**Day:** Tuesday      **Time:** 6:30-7:30PM  
**Dates:** 4/27-5/25 (5 weeks)



### Youth Golf Lessons (beginners)

**#142220-A**      **Time:** 3:45-5PM  
**Ages:** 7-10      **Dates:** 5/19-6/16  
**Fee:** \$64.00      **Day:** Wednesday  
**Location:** Indian Meadow Country Club.  
Please contact Dick Naas with any questions at 508-836-2668. Club availability is limited, call Dick to reserve.



### Art & Nature

Using nature as inspiration, students will explore the many possibilities of creating art using paint, print-making and collage as we welcome the warm weather of spring.

**# 142120-B**      **Time:** 4-5:30PM  
**Fee:** \$40.00 (6 weeks)      **Grades:** 2<sup>nd</sup> & 3<sup>rd</sup>

**Dates:** 4/13-5/25 (no 4/20)      **Day:** Tuesday  
**Instructor:** Jenn Swan      **Location:** Ray Stone Post



### Drawing & Painting

Learn the techniques of using paints, pastels and pencils to illustrate what you see. Strengthen your observation skills from photographs, still-life objects and while sketching in the park.

**# 142120-C**      **Time:** 5:45-7:15PM  
**Day:** Tuesday      **Grades:** 4<sup>th</sup>-6<sup>th</sup>

**Dates:** 4/13-5/25 (no 4/20) **Fee:** \$40.00 (6 weeks)  
**Instructor:** Jenn Swan      **Location:** Ray Stone Post



### Claytime Classes

Each week the children will have the opportunity to paint an unfinished piece of pottery that will be then glazed and fired in a kiln. During each session there will be Claytime staff available to provide instruction on a variety of different painting techniques. All of the dinnerware painted will be food safe once it's glazed and fired.

**# 142120-A**      **Time:** 5:30-6:30PM  
**Fee:** \$44.00

**Dates:** 3/25-4/15 (4 weeks)

**Day:** Thursday      **Grades:** 1<sup>st</sup>-4<sup>th</sup>

**Location:** Claytime Studio (Rte 9 in Shrewsbury, next to Dunkin Donuts Plaza)



## Spring registration Saturday March 6<sup>th</sup>, 8-10AM

### Special Needs Bowling

This program will help children learn the fundamentals of bowling. They will also socialize, meet new friends and help develop motor skills. All bowling fees and shoes will be included in the price.

# 145180-A Time: 4-5:30PM

Fee: \$10.00 Dates: 4/6-6/1 (no 4/20)

Day: Tuesdays Grades: 1-5<sup>th</sup> Special Needs Students

Location: Town & Country Bowl



### Basic Fishing

This class will teach children the fundamentals of fishing. Children will learn about the different types of lures, bait and fishing techniques. (Class is indoors, so no actual fish will be caught)

# 142240-A Time: 7-9PM Dates: 3/29-4/26 (no 4/19)

Fee: Free Location: Spring St. School Cafeteria

Ages: Children under 15 with adult Day: Monday



## Youth/Tot Programs

### Gymnastics

A gym activity program for children ages 4 and 5. Each class is 45 minutes in length and is designed to introduce basic gymnastic skills and stimulate gross motor skill development. The use of special preschool equipment, in addition to the safe use of all gymnastics equipment, develops and refines motor skills, coordination and self confidence.

# 141150-A Time: 11:15AM-Noon

Fee: \$40.00 Dates: 4/5-5/24 (no 4/19)

Day: Monday Ages: 4 & 5

Location: Mass Gymnastic Center, Rte 9 in Westboro

# 141150-B Time: 2-2:45PM

Fee: \$40.00 Dates: 4/8-5/27 (no 4/22)

Day: Thursday Ages: 4 & 5

Location: Mass Gymnastic Center, Rte 9 in Westboro



### Preschool Kids Crafts

This class encourages parent and child interaction in a creative and challenging environment for the child, along with social involvement with other preschool children. Classes give children the opportunity to use paints and glue, while designing art projects and a story at the end of class. (6 weeks)

Ages: 2-4 (with parent) Location: Ray Stone Post

# 141120-A Time: 10-10:45AM

Dates: 4/28-6/2 Day: Wednesday Fee: \$35.00

# 141120-B Time: 11-11:45AM

Dates: 4/28-6/2 Day: Wednesday Fee: \$35.00



**Sign-up now!!! A separate registration needs to be filled out and sent directly to Bay State Blades.**

### Tiny Blades Skating

This program is an excellent introduction to ice skating for youngsters ages 2 ½ -6. Each class consists of a 30-minutes lesson where skaters learn the basic skills necessary to enjoy recreational ice skating or enter into a youth hockey or figure skating program in the near future.



**Session III** Location: Buffone Arena (Worcester)

Dates: 3/15-5/7 (no 4/2) Fee: \$89.00 Ages: 2½ -6

Day: see schedule with days and times

### Just You & Me

This class is designed to give you the opportunity to spend quality time with your toddler and have fun, too. Together you will play games, sing songs, do crafts, and more. Each week, the activities will vary and be based on a theme. Parent or adult must be able to stay with child at all times and participate. Child must **be at least 2 and no older than 3 at the start of the first class.**



One class per child. Ages: 2 & 3 (with parent)

Fee: \$35.00 per child (8 weeks) Loc: Ray Stone Post

Instructors: Ann Morrissey & Gina Fleury

### Schedule

# 141040-D Day: Monday Time: 9:30-10:15AM

# 141040-E Day: Thursday Time: 9:30-10:15AM

# 141040-F Day: Friday Time: 9:30-10:15AM

Monday dates: 4/5-6/7 (no 4/19 & 5/31)

Thursday dates: 4/8-6/3 (no 4/22)

Friday dates: 4/2-6/4 (no 4/9 & 4/23)

### All By Myself

Your child will have fun for two hours participating in circle time with books and discussions, small and large motor activities, art projects, cooperative play and age appropriate lessons. Through structure play and discovery learning, your child will have the opportunity to increase their social development, self-esteem and independence. Each week, the activities will vary and be based on a theme. Child must **be at least 3, but no older than 5 at the start of the first class** and can only attend one day per session. Please bring a snack.



Fee: \$55.00 (8 weeks)

Instructors: Ann Morrissey & Gina Fleury

Location: Ray Stone Post Ages: 3-5

### Schedule

# 141040-A Day: Mon. Time: 10:30AM-12:30PM

# 141040-B Day: Thurs. Time: 10:30AM-12:30PM

# 141040-C Day: Fri. Time: 10:30AM-12:30PM

Monday dates: 4/5-6/7 (no 4/19 & 5/31)

Thursday dates: 4/8-6/3 (no 4/22)

Friday dates: 4/2-6/4 (no 4/9 & 4/23)